



Regulations Laives . Leifers Trail

Organizers:

The association ASD Laives Runners organizes the race “Laives . Leifers Trail” in collaboration with the Tourist Info Laives Bronzolo Vadena.

ASD Laives Runners

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ARTICLE 1: Track description and Roadbook

The competition is based on three races, directed to single runners and is located in mountain territory on forest roads and hiking paths between the towns of Laives, Nova Ponente, Aldino and Monte S. Pietro.

The route and description of each trail can be found on the website www.laivestrail.it. The definitive routes will be published on the 23rd of April at the latest. Until the definitive publication of the routes the organization reserves itself the right to make changes to the routes. The roadbook will be available for download in pdf format from the 23rd of April on the website www.laivestrail.it.

ARTICLE 2: Entry requirements

Athletes who serve a disqualification on account of doping cannot participate in the race.

The competition is open to everyone, men and women, aged 18 and over on the date of the registration. If not a member, every participant must agree to acquire an insurance for the day of the race at a cost of 3€.

Participants with residence in Italy must have a valid sports medical certificate for track and field pursuant. The certificate must be issued by a doctor specialized in sports medicine. Participants with residence outside Italy must submit a medical certificate of physical fitness. Without any medical certificate or when presenting an invalid certificate at the start of the race, the starting number will not be handed over.

Each participant agrees to know about the length of the race, its technical requirements and declare themselves able to complete the race at his/her own risk. The race can take place under difficult weather conditions (rain, wind, cold, snow). The participant has an adequate physical preparation and must take care for his/her own self-supply and equipment. Experience with similar races is of advantage.

Since the Laives Trail Experience 11km is noncompetitive, participants of that Trail must agree only to the exclusion of liability and do not have to submit a medical certificate.

ARTICLE 3: Entry

Participants can sign in at the race through TDS – timing data service.



Entry is open from November 1st, 2022 until April 26th, 2023.

If a participant has not submitted the medical certificate or the confirmation of bank transfer at the time of his registration, or if he has not agreed to the exclusion of liability, his entry will be considered null.

ARTICLE 4: Entry fee

The entry fee for Laives Trail and Sky Trail is the following:

- 1st November 2022 to 31st December 2022: Sky Trail 30€ - Trail 45€
- 1st January 2023 to 31th March 2023: Sky Trail 35€ - Trail 55€
- 1st April 2023 to 26th April 2023: Sky Trail 40€ - Trail 60€

The entry fee for Laives Trail Experience is the following:

- 1st November 2022 to 26th April 2023: 25€

ARTICLE 5: Included services

The entry fee includes the following services:

- Starting number
- Refreshment points at the start and along the track
- Return for participants, who abandon the race
- Pasta Party
- Showers after finishing
- Parking

ARTICLE 6: Cancellation

If the race is cancelled due to reasons beyond the organizers' control, 80% of the entry fee will be refunded. If an athlete cannot participate to the race the entry fee will not be refunded.

ARTICLE 7: Starting numbers and chip

The starting numbers will be assigned by presentation of an ID during the times and dates listed in the time table on the website www.laivestrail.it. The starting number must be worn in a clearly visible position during the whole event in front on the chest or belly.

The chip will be given out with the starting number and enables the automatic registration at marked check points and for the final results. At the start, the finish and when passing these check points the athlete must ensure for him/herself to have been registered correctly.

ARTICLE 8: Self-supply and respect of the nature

Athletes are responsible for bringing an adequate supply of food and water for the whole race. Refreshment points will be positioned along the route for the reinstatement of drinking water. Each runner must ensure that he/she carries the minimum amount of 1l of water (for Laives Trail) or 1/2l (for Sky Trail) as compulsory equipment at the start and after each refreshment point. You will not find any containers or glasses on the refreshment point, therefore every participant must bring his/her own cup or a suitable container.



Personal assistance is allowed only at the refreshment points. It is forbidden to be accompanied on the track by someone who isn't registered for the race.

Participants must respect nature and the environment, therefore it is forbidden to throw away waste/rubbish of every kind, pick or destroy plants or molest wildlife.

ARTICLE 9:

9a) Mandatory equipment (Laives Trail and Laives Sky Trail)

Every athlete agrees to carry all the mandatory equipment listed below throughout the race:

- a backpack or waist-bag
- face mask
- a mobile phone, which must be charged and kept on at all times
- safety numbers of the organization and emergency numbers stored in the mobile phone directory
- a water and windproof jacket
- warm clothes suited for use in bad weather conditions and at high altitudes
- an aluminum survival cover/emergency cover
- a whistle
- a water bottle or other container with the minimum 1l (Laives Trail) or 1/2l (Sky Trail) of water
- enough food to enable the contestant to reach the next refreshment point
- a cup (15cl min.) or a container for drinking
- a headlight with reserve battery (Laives Trail)

9a) Recommended equipment (Laives Trail Experience)

- a mobile phone, which must be charged and kept on at all times
- safety numbers of the organization and emergency numbers stored in the mobile phone directory
- a water and windproof jacket
- a water bottle or other container with the minimum of 1/2l of water

If there are bad weather conditions the full list of mandatory equipment will be published on the website 1 week before the race.

You can bring a change of clothes but can only change at refreshment points. Athletes who are seen getting help in any way (changing, getting assisted, etc.) along the track will be penalized with disqualification of the race.

ARTICLE 10: Safety and medical care

Along the route there will be aid and assistance points. Participants who call a doctor or auxiliary personnel must recognize their authority and agree to comply with their decisions. Some streets are not closed for traffic. Every athlete must act with caution when crossing a street.



ARTICLE 11: Start, time limits

Start:

- the Laives Trail 51km starts at 8 a.m.
- the Laives Sky Trail 21km starts at 8 a.m.
- the Laives Trail Experience 11km starts at 9 a.m.

Time limit:

- Time limit for Laives Trail 51km: 11,5 hours
- Time limit for Laives Sky Trail 21km: 8 hours
- Time limit for Laives Trail Experience 11km: 8 hours

Check points:

- Laives Trail 51km: Nova Ponente/Deutschnofen 6h (2 p.m.), Monte S. Pietro/Petersberg 10h (6 p.m.)

ARTICLE 12: Catering

The refreshment points are along the route and can be found in the roadbook.

ARTICLE 13: Return

A team will be following the last athlete and is responsible for bringing him to the finish line or for organizing his return, if his time limit has been exceeded.

ARTICLE 14: Abandonment/Exit

If an athlete is abandoning the race he/she must go to the next refreshment or control point to inform the organization of his exit. If the athlete does not communicate his/her exit to the organization this can result in a search for said athlete, the costs resulting from this search must be paid by the athlete himself/herself.

ARTICLE 15: Disqualification

Officials along the circuit will be authorized to check whether participants are complying with the rules. Officials are authorized to disqualify athletes immediately or inform the jury about infractions they observe. The following are motives for disqualification:

- Start number not clearly visible
- Failure to pass a check point
- Absence in part or of all the mandatory equipment (Art. 10)
- Cheating (i.e. using means of transportation, sharing or exchanging start numbers)
- Leaving a checkpoint after the maximum time has expired
- Doping or refusal to submit to an anti-doping check
- Failing to help a contestant in trouble
- Dangerous behavior which can also endanger other participants
- Insulting or failing to respect others, threatening members of the organization or volunteers
- Taking a short cut or leaving the marked route



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- Failure of the attendant to follow the regulations or the directives of the organizers, the jury, doctors or auxiliary personnel

ARTICLE 16: Changes to the route or cancellation

The organizers reserve the right to change the route, the locations of the assistance and refreshment points as well as the time limits at any time and without notice. The race may be cancelled at any time for safety reasons. The start of the race may be postponed or invalidated due to bad weather.

ARTICLE 17: Complaints

Only written complaints will be accepted and only up to 30 minutes after the arrival of the last runner. A deposit of 50€ will be collected.

ARTICLE 18: Jury

The jury is entitled to discuss all complaints formulated during the race in a time compatible with the obligations of the race. The jury's decisions are without any possibility to appeal.

ARTICLE 19: Insurance

The organizers will stipulate a liability insurance policy for the entire duration of the race. Every participant must agree to acquire the insurance for the day of the race at a cost of 3€. Participants take part in the race under their own responsibility, thereby relieving the organizers of any and all responsibility in the event of damage or other consequences that may result from the race. Before the registration procedure can be completed, runners must sign a liability release.

ARTICLE 20: Ranking and prizes

To enter in the final standings, runners must arrive at the finish line within the time limit. There are no prizes in the form of prize money.

Prizes will be awarded to the first 10 women and the first 10 men of Laives Trail and to the first 5 women and the first 5 men of Laives Sky Trail.

ARTICLE 21: Image rights

All contestants waive their rights on their own image before, during and after the race.

ARTICLE 22: Adjustments to the regulations based on the development of the Covid-19 situation

The Event will take place following the directives in place during the day of the event. Those directives could mean last-minute modifications at these regulations. Every participant has to respect the modifications and the national health standards in place during the event. As mentioned in article 6, 80% of the entry fee will be refunded in case of cancellation of the event. This includes the cancellation based on the current Covid-19 situation.

The organizers are committed to ensure that all participants can enjoy a day of sport and entertainment as normal as possible.

ARTICLE 23: Acceptance of regulations

When entering the Laives . Leifers Trail, participants implicitly accept the rules of the race.